Protect your home from Extreme heat

25°C

The temperature at which fatalities from extreme heat begin to increase.

The risk of death or serious health issues increases when the temperature rises. The following provides info on key areas that may require attention in order to reduce the effects of extreme heat to your home.

- Leafy (deciduous) shade trees and other vegetation should be planted near windows, particularly on south, east and west-facing exposures.
- Roof (with or without attics), above and below grade (i.e. foundation) walls and slabs should be properly insulated.
- When replacing older roof covering or choosing covering for an addition or new build, homeowners might consider installing a cool roof.
- Good quality, energy efficient windows (double or, better, triple-paned) with low U-Values should be installed.
- Windows and glass doors can be shaded with permanent design elements, like covered porches, awnings, brise-soleils, roof overhangs, and/or vertical or horizontal louvres.
- Products that can be used to shade windows may include insulated exterior roll shutters, exterior window screens, roll out awnings and heat control window films.
- A minimum 25 per cent tree cover should be maintained on the property (excluding roof area).

See more at www.iclr.org